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# Six Ingredients Or Less: Pasta & Casseroles



## Synopsis

Everyone loves pasta! This collection of recipes features a variety of quick and flavorful pasta dishes. Some of the recipes are quite simple for family fare and others are more sophisticated for company meals. Casseroles are the perfect answer to today's hectic lifestyles. Whether a potluck supper, a family meal or a company dinner, you'll find a recipe to fit your special needs.

## Book Information

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## Customer Reviews

EASY & DELICIOUS RECIPES FOR TODAY'S BUSY LIFESTYLE. This collection of recipes features a variety of quick and flavorful pasta and casserole dishes. Whether potluck supper, a family meal or company dinner, you'll find a recipe for every occasion! 222 pages of simple family friendly recipes. Original & LOWFAT VERSION of each recipe. All recipes include NUTRITIONAL ANALYSIS. Convenient ONE DISH meals you can put together quickly. Recipes use ingredients normally kept on hand --This text refers to an out of print or unavailable edition of this title.

Carlean Johnson is the author of the best selling cookbook series Six Ingredients or Less. She grew up in a small town in Missouri and then moved to Gig Harbor Washington where she began her writing career as a cookbook author.

I love this cookbook! I taught my kids how to cook from this cookbook... 6 ingredients is totally

manageable for kids and most of the recipes are very tasty! I still use many recipes from this book myself when I want a quick and easy delicious meal to put on the table. I recently bought 2 more copies of this book to give to my friends whose 11-year-old sons want to learn how to cook. One friend sent me a photo of her son cooking hamburger at the stove - what a precious sight! He was so proud to be able to make and serve dinner to his family! I highly recommend this cookbook!

I've bought several copies of her Six Ingredients or Less cookbook so my kids could leave home with a copy. I bought the updated version of the same title and the book still contains the original charm of the previous edition. Selling points include easy to read, easy to prepare recipes using "normal" ingredients. An excellent cookbook for both novice or experienced cooks. I have over 1,000 cookbooks and Six Ingredients is one of the books I use most often.

I got it as a housewarming gift for my first apartment when I was 20. I have always used and loved it. You can make all kinds of recipes even if you don't have a lot of money or a vast array of ingredients to draw from like the 20 year old ME! 20 years later I am busy with 2 kids and need easy dishes that aren't complicated and don't need too many different ingredients like the 40 year old ME! Thanks to I can replaced my worn out old copy so the future 60 year old me can use it!

Great book for simple, healthy recipes that don't require multiple trips to the grocery store for ingredients. I bought it for my granddaughter who has an apartment at college and cooks with friends. I have a copy on my boat, our summer home.

Good book, may be too simple for experienced cooks. It is a good reminder that some of the best meals are simple.

This cookbook is great! The recipes are simple, straightforward and scrumptious. The reader doesn't feel overwhelmed by seeing a huge list of ingredients. The recipes are very approachable. The only wish would have been for some colorful photos of the food. My friends raved when I made the Apricot Almond Brie, and I'll be making the Panko Chicken Dijon and Steak & Mushroom Sauce very soon!

Excellent for singles or single parents with kids. My working son has three hungry teen-aged boys with varied appetites. Each likes something different. This book gives them a chance to satisfy

themselves when they don't like what he cooks or makes it easy to make something easy for all after a long work day

I am very impressed with not only the recipes but listing the fat, carbs, sodium,protein etc. is a life saver. I have made many items thus far as my husband has to limit not only his sodium,also carbs, and protein. This has been a big help in planning meals. I couldn't be happier with and their supplier.

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